



# THE CMDP REVIEW



*The Comprehensive Medical and Dental Program (CMDP)*  
*A Program of The Division of Children, Youth and Families; Arizona Department of Economic Security*  
*Bi-Annual Newsletter for ACYF, DJC, AOC/JPO*

**FALL EDITION**

**Ph.# 602-351-2245, 1-800-201-1795**

**OCTOBER 2007**

Welcome to the 2007 Fall Edition of the **CMDP REVIEW**.

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## PRE-TEEN VACCINE CAMPAIGN

The Centers for Disease Control (CDC) and Prevention National Center for Immunization and Respiratory Diseases has launched a Pre-Teen Vaccine Campaign. The CDC is promoting the vaccination of pre-teens (11-12 year olds) to protect against the serious, sometimes life-threatening diseases listed below:

Pertussis (whooping cough),  
Meningitis  
Tetanus

Diphtheria  
Cervical cancer

The campaign also promotes the 11 to 12 year old medical check-up. Campaign materials include flyers, posters, banner ads, and web content about pre-teen vaccines and the pre-teen medical check-up.

For more information about the campaign or to view educational materials, visit:

[www.cdc.gov/vaccines/preteen/](http://www.cdc.gov/vaccines/preteen/)



## CHILDHOOD LEAD EXPOSURE

Young children often place their toys, fingers, and other objects in their mouths as part of their normal development. This hand-to-mouth activity may put them in contact with lead paint or dust.

Lead is a poisonous metal that is especially dangerous to babies and young children and can harm them even before they are born. Lead poisoning can damage children's nervous systems, brains and other organs. It can also lead to additional health, learning and behavioral problems.

Equal Opportunity Employer Program. Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, and the Age Discrimination Act of 1975, the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, and disability. The Department must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. For example, this means that if necessary, the Department must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Department will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy, contact Member Services (602) 351-2245 or 1-800-201-1795.

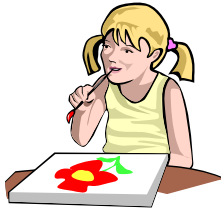


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We all have heard the news reports about the toys manufactured in China that are coated with lead. Some toy manufacturers in China have been known to use inexpensive pigments and coatings that contain lead on toys.



**The problem:** small children often put toys in their mouths when they play with them. That causes the lead to get into their systems where it can cause life-long developmental problems ranging from a marginal (and permanent) drop in their IQ to behavioral and hearing problems, and other bad things.

**Solutions:** CMDP recommends foster caregivers with children in the newborn/toddler stage to test their toys with “Lead-Check” swabs that are available in the paint department of the home improvement stores.

Foster caregivers should be encouraged to have foster children screened for lead during their EPSDT or Well-Child visits with their doctor or Primary Care Provider (PCP). 12 and 24 month olds should especially be screened if they live in houses that were built and painted when paint contained lead.

### INCONTINENT BRIEFS FOR MEMBERS

Incontinent briefs (diapers), including Pull-Ups, may be provided by CMDP if the child needs diapers to prevent skin breakdown and/or to

participate in social, community, therapeutic and educational activities.

### **These are the CMDP guidelines:**

- The child must be older than 3 years of age
- The child has a documented medical condition that is causing him/her to not have bladder or bowel control
- The pediatrician has written a prescription for up to 240 diapers per month, unless more is needed depending on the medical condition
- Diapers cannot be provided for bed-wetting only conditions. There must be a documented medical diagnosis.

The CMDP Medical Services Unit will e-mail you when a diaper request is received and approved. If CMDP supplies the child with diapers, you will no longer be able to give the family the stipend that CPS is currently providing toward the purchase of their own diapers. CMDP will also e-mail the DCYF Finance Department of this action. CMDP will have the diapers delivered to the home by a designated supply company.

If you have any questions, please contact the Medical Services Unit.

### THE EXPARTE PROCESS

The Exparte Process is designed to help children maintain health care coverage after leaving foster care when CMDP coverage ends.

CMDP members who are Title XIX/Medicaid eligible can return home without having an immediate interruption of their medical care



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services. Since over 90% of the children in foster care are Title XIX/Medicaid eligible, most children exiting foster care and returning home can benefit from this transition process.

The attachment below has detailed information on the Exparte Process. The instructions in this document are only for CPS Specialists to use. Please view the document and print copies as needed. If there are any questions please contact the CMDP Title XIX Unit at 602-351-2245 or 1-800-201-1795.



EXPORTE PROCESS  
Update-2-07.do...

If any Juvenile Justice agencies have any problems with the Exparte Process also contact the CMDP Title XIX Unit.

### **CULTURAL COMPETENCY IN HEALTH CARE**

Walgreens Health Initiatives (WHI) has some great culturally competent prescription services.

#### **Prescription Plus:**

The Walgreens pharmacies can print medicine labels into fourteen different languages.

The available languages are:

English, Spanish, Russian, Mandarin Chinese, Polish, Vietnamese, French and Portuguese, German, Italian and Tagalog (Philippines), Arabic, Korean and Japanese.

This service insures that medication labels and instructions are easy to read and understandable by members and foster caregivers.

Walgreens states that after English and Spanish, the most requested language is Chinese.

If there are questions about this service, call CMDP Medical Services or a Walgreens pharmacy.

#### **Dial-A-Pharmacist:**

Walgreens has added a language service referred to as “dial-a-pharmacist”. This allows patients to go to any Walgreens pharmacy and speak to a pharmacist in their native language by phone. The service is available in the same 14 languages offered for prescription labels.

All Walgreens language services are offered at no charge to CMDP members and their foster caregivers.

### **YOUNG ADULT TRANSITIONAL INSURANCE PROGRAM (YATI)**

Foster care placement young adults who reach the age of 18 may be eligible for medical services through the Young Adult Transitional Insurance Program (YATI).

YATI is a Medicaid program operated by the Arizona Health Care Cost Containment System, (AHCCCS). Young adults have to be Title XIX/Medicaid eligible to receive services through this program.

CMDP recommends that Title XIX/Medicaid eligible young adults who sign a voluntary agreement to remain in foster care after the age of



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18 be enrolled in the YATI program prior to their 18<sup>th</sup> birthday.

Information, including brochures, on the YATI program can be obtained by contacting the Arizona Independent Living Coordinator at 480-545-1901, ext.2042.

CMDP also has some brochures on the YATI program and distributes them to new CPS Specialists during the CMDP Overview presentation at the Child Welfare Training Institute locations in Arizona.

### **FAMILY PLANNING SERVICES**

CMDP covers Family Planning and birth control services for members. If members have questions they should ask their Primary Care Provider (PCP), parents or foster caregivers, or their custodial agency representatives, including the CPS Specialist. An appointment with the PCP or a physician for a yearly physical exam is recommended for all sexually active members.



Children ages 12 and up should receive the CMDP Family Planning Services form (CMD-078) after enrollment with CMDP. This form is only in the New Member Packets for children ages 12 and up. Please ensure the Family Planning Services form and the rest of the materials in the packets are given to these children.

Information on family planning services should be provided to this age group yearly.

The form on CMDP's family planning services is provided with this newsletter. Click on the attachment below for a copy of the form. Please give a copy to each child or young adult in your custody that is 12 years old and up.



CMD-078-Sept.  
2004 Family Plan...

When CMDP is made aware that a member is pregnant, the EPSDT/Maternal Health Coordinator/Nurse (MHC) sends an e-mail to the custodial agency representative. The EPSDT/MHC communicates the importance of prenatal care, scheduling an appointment with an Obstetrician, as soon as possible, and to offer assistance getting HIV testing.

The EPSDT/MHC monitors the services provided to pregnant members and ensures the prenatal care appointment standards are met. CMDP considers teenage members to be "at high risk"; therefore, it is imperative they have an initial prenatal care appointment scheduled within 3 days of confirmation of pregnancy. Please notify the EPSDT/MHC with the date of the first prenatal appointment, as well as the date of the member's postpartum appointment, which must be completed within 6 weeks following delivery.

Additional contacts to share with members and foster caregivers:



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The [Arizona Department of Health Services, Arizona Women, Infants, and Children \(WIC\)](#) at 1-800-2525-WIC or 1-800-252-5942 provides members with [assistance and information](#) about pregnancy, breast-feeding and infant nutrition. Call to set up an appointment at your local [WIC office](#).

The Arizona Department of Health Services, [Pregnancy and Breastfeeding Hotline](#) at 1-800-833-4642 provides information and referral, education and support with pregnancy and breastfeeding.

For more information on family planning services contact the EPSDT/Maternal Child Health nurse in the CMDP Medical Services Unit. The phone number is 602-351-2245 or 1-800-201-1795, ext. 11284.

### **BEHAVIORAL HEALTH & CHILDREN IN FOSTER CARE**

85% of children in foster care experience behavioral health issues and 70% exhibit moderate to severe behavioral health disorders. Behavioral health issues rank as the most common health problem reported for children in foster care. The most common issue reported is conduct disorder, however, suicidal and homicidal ideation, depression, anxiety disorder, attention deficit hyperactivity disorder and oppositional defiant disorder occur regularly.

Untreated or inadequately treated behavioral health disorders can lead to multiple and unsuccessful placements.

We need to anticipate that these children are almost certainly going to have behavioral health disorders and need behavioral health services.

This requires referrals to the Regional Behavioral Health Authorities (RBHA) at the time of entry into foster care.

Adaptation to foster care is individual and varies with age, placement and personal history. However several themes are common:

An initial “honeymoon period” where initial adaptation to foster care appears to go well. After about three months it is common for the child to demonstrate limit-testing and acting-out behaviors. The child may also be withdrawn, depressed, angry or aggressive.

Children demonstrating great difficulty developing relationships may remain emotionally detached. They may exhibit behaviors around food such as hoarding, excessive hunger, excessive thirst or regurgitation of food.

There is a great need for behavioral health professionals to interrupt these dysfunctional behaviors. Without behavioral health interventions these children and adolescents may continue to display extreme behaviors and a lack of emotional interaction with foster caregivers. A child could also experience a succession of foster homes because of “unsuccessful placements”.

To help assure a successful first placement, we need to refer or treat behavioral health disorders early and aggressively! We need to anticipate the need for referrals to the RBHAs and not wait for displays of behavioral problems.



### **RBHA Enrollment Figures for CMDP Members:**

The CMDP REVIEW is produced semi-annually by the Arizona Department of Economic Security Comprehensive Medical and Dental Program. Direct questions and comments to Member Services at 602-351-2245, toll free 1-800-201-1795 or DES/CMDP Site Code 942C, PO Box 29202, Phoenix, Arizona 85038.





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Total RBHA Enrollment: 5,780; 62% of CMDP members.

RBHA Enrollment 0 to 5 years old: 1,747; 46% of this age group.

RBHA Enrollment over 5 years old: 4,033; 73% of this age group.

Total AHCCCS/Title XIX Enrollment: 9,342

0 to 5 years old: 3,813

5 years old and older: 5,529

Total CMDP Enrollment, including Non-AHCCCS/Title XIX: 10,115

(Figures as of 9-25-2007)

### **New RBHA for Maricopa County:**

On September 1, 2007, the RBHA for Maricopa County changed from ValueOptions to Magellan. Magellan is keeping the same ValueOptions phone lines:

**Customer Service/Access Line, 1-800-564-5465**

**TTY 602-914-5809**

**Behavioral Health Crisis Line, 602-222-9444**

**TTY 602-274-3360**

**Magellan fax line: 888-290-1285**

For more information on behavioral health and children in foster care, or for assistance completing RBHA referrals contact the Behavioral Health Coordinators in the CMDP Medical Services Unit at 602-351-2245 or 1-800-201-1795.



Please open the attachments below for very important Behavioral Health information.



Behavioral Health  
Flyer-07.doc...



AZ-RBHA  
Information Handout-07...

### **SIGNING AUTHORIZATION FOR SERVICES**

CMDP members, their foster caregivers and the agencies with legal custody of CMDP members are not to be charged or billed for CMDP covered services. When signing for authorization of services, please sign in the following manner:

Your Name/DES-CMDP. Also add, "Please send all bills and claims to CMDP, P O Box 29202, Phoenix, Arizona 85038-9202."

Do not throw away or ignore medical bills assuming CMDP will eventually receive these bills. This can lead to credit problems for you. If you receive a bill or claim for covered services, please contact CMDP Member Services, 602-351-2245 or 1-800-201-1795.

### **VISIT THE CMDP WEB SITE AT:**

**<http://www.azdes.gov/dcyf/cmdpe/>**

We want members to get health care services that are best for them. Please contact Member Services and tell us if a CMDP member has any cultural needs that are not addressed.